## Community food & clothing Support

#### Redbridge Foodbank

You must be referred to this service. For details of who can make a referral or more information, visit <a href="https://redbridge.foodbank.org.uk/get-help/foodbank-vouchers">https://redbridge.foodbank.org.uk/get-help/foodbank-vouchers</a>, call 020 8518 0056 or email info@redbridgefoodbank.org.

- 1 Jubilee Church, IG1 4JY: Tue 12:00-13:00, Wed 14:00-16:00 & Sat 10:00-13:00
- 2 All Saints Goodmayes, IG3 9SJ: Fri 10:00-12:00
- 3 Grange Hill Methodist, IG7 4HQ: Sat 10:00-12:00
- Woodford Baptist Church, E18 1LW: Fri 14:30-16:30

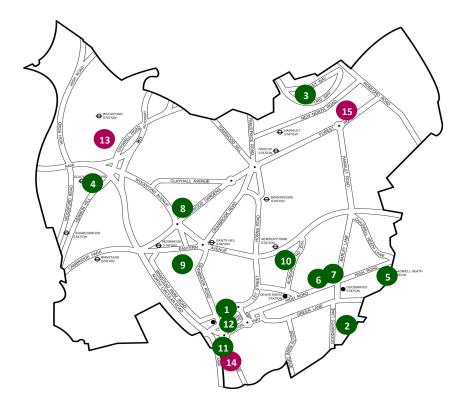
#### Other local sources of food and clothing support

- Al Huda Foodbank, 14 Wangey Road, RM6 4AJ <u>alhudauk.welfare@gmail.com</u> | 020 3488 9459 or 07971 124862 Providing food items to the local community in need
- 6 Al Ansar IEC, 833 High Road, IG3 8TD ash@servinghumanityfoundation.org.uk | 020 3488 9459 or 07971 124862 Tea service every Sunday or a full meal service on the last Sunday each month
- 7 Chapters Foodbank, 29 Telegraph Mews, IG3 8TA
  servinghumanityfoundation.org.uk
  | 020 3488 9459 or 07971 124862
  Food bank open to all. Includes essential groceries, cleaning products and clothing
- 8 FoodBanked, 114 Queensborough Gardens, IG2 6YB www.foodbanked.org.uk | info@foodbanked.org.uk | 07846 442750 Complete an online form to see if you can receive essential food and household products
- Frenford Foodbank, Jack Carter Centre, The Drive, IG1 3PS
   frenfordfoodbank@gmail.com | 020 8518 0992
   Providing food parcels once every three weeks, please contact the team for more info
- Helping Hopes Food Bank, St John's Church Centre, St John's Road, IG2 7BB helpinghopes.org.uk | helpinghopes5@gmail.com | 07946 575707 Providing food assistance in the community
- 11 Care4Calais, Clementswood Baptist Church, 132 Ilford Lane, IG1 2LG | 020 8514 3136
  Providing a clothing bank, social space and support to asylum seekers, refugees, low income and the homeless every Tuesday from 10.00am to 1.00pm (free tea and coffee also available)

### **Ilford Community Grocery**

Access a wide range of affordable supermarket products for a low fee. There is an annual membership fee of £5 and each shop will cost £5. Once you're a member you can shop at the Community Grocery multiple times a week and fill up your basket.

12 Ilford Community Grocery, City Gates, 25-29 Clements Road, IG1 1BH communitygrocery.org.uk/Ilford



# Redbridge Children's Centres Baby & Toddler Banks

Providing parents and carers with essential items needed for baby/toddler such as clothes, nappies, equipment and other essentials. For those who may be having financial hardship in accessing such items. Please contact the individual centre for opening times or email childrens.centres@redbridge.gov.uk for further information.

- 13 Orchard Baby Bank, Liston Way, IG8 7BL | 020 8708 8344
- 14 Loxford Baby & Toddler Bank, 136 Ilford Lane, IG1 2LG | 020 8708 2060
- Hainault Baby & Toddler Bank, 114 Huntsman Road, IG6 3SY | 020 8708 9423





