

Charity Reg No: 1118675:

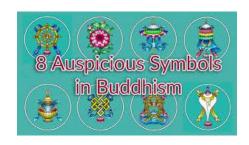
c/o Redbridge Town Hall, 128 - 142 High Road, Room 16 Ground floor, Ilford, Essex IG1 1DD Tel: 020 8708 2478 Email: faith.forum@redbridge.gov.uk Website: www.redbridgefaithforum.org

Redbridge Faith Forum

warmly invites you to the SECOND of our

TOURS OF PLACES OF WORSHIP IN REDBRIDGE







VENUE:-REDBRIDGE BUDDHIST VIHARA

9 Balfour Road, Ilford, IG1 4HP

DATE:-THURSDAY 22nd MAY 2025

TIME:-1.00pm - 2.30pm

On our Annual Walks of Peace we have the opportunity to have a short tour of some of the many Places of Worship in Redbridge. Many participants have shown interest in having more detailed visits so the Redbridge Faith Forum is organising a series of Tours of individual Places of Worship in Redbridge.

Our second visit is hosted by the Buddhist Community at the Redbridge Buddhist Vihara in Ilford. This Vihara has been the spiritual centre for Buddhists in Ilford and the surrounding area for nearly 30 years. The house itself was purchased through much fund raising and sacrificial donations and was inaugurated and opened as a Vihara in November 1998. The Venerable Hemaratana has been the monk in residence since 2003 and will, alongside other members of the community, be present to give us an insight into Buddhist practice, festivals, beliefs and way of life. We will have an opportunity to go inside the beautiful shrine room and see the statue of Buddha. There will also be ample time to experience the tranquillity of a Vihara and to ask any questions that have not already been answered. Please be aware that shoes must be removed before entering the Shrine but head covering is not required.

Light refreshments will be served and there will be ample time for questions and answers and socialising. Everyone is welcome. Please do join us and enjoy learning about another one of Redbridge's lovely Places of Worship

Please email Saira at faith.forum@redbridge.gov.uk to book your free place or contact the office on 0208 708 2445 for this event; advance registration is appreciated but is not essential

