

Neighbourhood Education and Engagement Team

**Supporting a cleaner, greener, safer
and healthier Redbridge**

Laki Begum
Neighbourhood Education and Engagement Officer

Neighbourhood Street Scene Team

Part of Redbridge Council

- Street Cleansing
- Greening Services – Trees
- Education and Engagement
- Environmental Crime Enforcement



Neighbourhood Education and Engagement Team

- **Our aim is to build a cleaner, greener, safer and healthier Redbridge**
- We have a bespoke schools programme to educate the borough's children to take action on waste and litter in their own homes and the community.
- Community litter picking hubs
- Community gardening projects
- Jumble trails
- Play streets
- Cloth nappy scheme
- Tune in Tuesdays
- Education and advice to schools and community groups
- Localised Environmental projects and interventions such as composting workshops, GBSC, repair café etc



PROJECTS

Informal 'Adopt and Water this Tree' label (no forms to fill in!) to help it establish and thrive.



Bloomin' Businesses

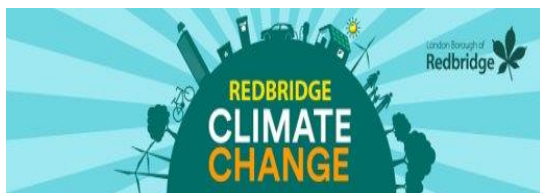


Bloomin' Schools



Community Gardens





Redbridge climate forum

28th February 2023 6-9pm in Redbridge Town Hall, Ilford. You will hear from our Cabinet Member for the Environment and Civic Pride, Cllr Jo Blackman for a progress update on our Climate Action Plan and be inspired by - or be part of - a 'marketplace' showcasing and sharing positive carbon reduction initiatives in the borough.



REPAIR

ILFORD

CAFE

SPECIAL REPAIR EVENT!
SATURDAY 28 JANUARY 2023
1 pm - 4 pm
EXTRA REPAIRS ON OFFER...
LAPTOPS & PHONES (bring the parts)
DR BIKE
 and usual **ELECTRICAL REPAIRS & SEWING REPAIRS**
 We will try pottery repairs, jewellery, and anything really!

Lab Central, Redbridge Central Library, Ilford on alternate Saturdays.
Usual time 2 pm-3.45 pm

- 14, 28 January
- 11, 25 February
- 11, 25 March

1 item per household
 Cost a voluntary donation if u can

Transitionilford.org/repair-cafe

Want to start a Play Street and not sure how?

Join our Play Street roadshows this February half term at:

Ilford High Road, opposite Metro Bank,
Tuesday 14 February 11 - 2pm

Ken Aston Square, Barkingside,
Thursday 16 February 11 - 2pm

Play Streets allow you to close your road for 2hrs a month. Get to know your neighbours better and play in a safe and car free environment.
 For more info see www.redbridge.gov.uk/our-streets

OUR STREETS
 Help us create great streets and neighbourhoods

London Borough of
Redbridge



Financial & Environmental impact

UK householders throw away **£12.5 billion** worth of good food and drink every year

Redbridge is the 5th highest waste producing authority in the country.

A 1/3 of our bin bag is food waste



Sending food to landfill generates **methane**: one of the most harmful greenhouse gases, it contributes to global warming.

Reducing food waste can **save you over £70** a month

Top tips to reduce food waste in Redbridge

Let's shop smart, eat well and save ££s

UK households
throw away **£12.5
billion** worth of
good food and
drink **every year**

1 Plan Ahead

- Check what's in your cupboard, fridge or freezer before going shopping, take a photo if it helps
- Plan meals
- Make a shopping list
- Only buy what you need and will use



4 Proper portions

- Only cook what you will eat, freeze or share
- Use handy measuring tools like cups, spoons and scales



2 Understand dates

- 'Use by' you shouldn't consume any food or drink past this date
- 'Best Before' defines quality not safety
- 'Sell by' and 'Display until' are guides for the shop, ignore these



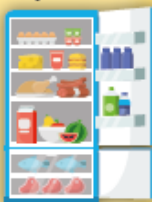
5 Love Leftovers

- Freeze or share any of your leftover food
- Share recipes with your family and friends
- Explore LFHW recipe ideas at www.lovefoodhatewaste.com



3 Store food correctly

- Know what goes in your fridge, freezer or store cupboard
- Storing food properly can give your food lots of extra life
- The ideal fridge temperature is between 0-5°C
- You can freeze most foods such as bread, milk, meat, cooked food and even eggs!



6 Compost your scraps

- 1/3 of the waste we throw in the bin can be composted
- Shrink your bin bags, transform kitchen and garden waste into compost for your garden





Education and Engagement initiatives to reduce food waste

- Love Food Hate waste campaign
 - Recipes and resources
 - Freezer clips, food storage calendar, portion control, shopping list, meal planner, recipe cards
- Food Waste Action Week – Food waste “feeding” Climate Change, WRAP adverts
- Advertising local foodbanks and Food sharing apps-
 - olio, too good to go etc
- Education programme – schools, Redbridge Institute, community groups
 - Where does your food come from, How to cook and prepare food.
 - LFHW workshops – Basic shopping, cooking, how to use your leftovers and batch cooking.
 - Cookery workshops with partners-Bengali healthy food workshop
- Our streets Facebook page-lots of tips, ideas and recipes <https://www.facebook.com/ourstreetsredbridge>
- Our street stalls-Partner events, Cost of living events, schools, faith groups etc



Education and Engagement initiatives to reduce waste





Love Food Hate Waste workshops

- 9th March 2023 12-2pm (28 Feb, 2nd March)
- 12 participants
- 2 from each community group/warm centre
- 2-hour workshop where you will plan and cook a meal with a trained chef- Vegetarian and budget friendly
- Gain valuable tips and advice to share with your group
- **Who will volunteer a space?**
 - Warm centres, Faith venues?
 - Venue will need a sink, access to drinking water, Extension leads



Easy Crispy Tofu Stir Fry





Q&A

For more information head to www.lovefoodhatewaste.com

<https://www.redbridge.gov.uk/our-streets/>

<https://www.facebook.com/ourstreetsredbridge>

Contact us at Ourneighbourhood@Redbridge.gov.uk

Thank you!