

## Redbridge Faith Forum E-News Bulletin – May 2022

We do hope that this bulletin finds you safe and well. Please do keep in touch and send us any details of any information or events you would like us to promote to [faith.forum@redbridge.gov.uk](mailto:faith.forum@redbridge.gov.uk).

### **LOOKING FORWARD**

#### **RFF AGM and Open Forum on “Youth Violence and Knife Crime”**

**Wednesday, 25<sup>th</sup> May at 6pm at Elmbridge Road, Hainault IG6 3SW**

Redbridge Faith Forum AGM will be held Wednesday evening 25th May at 6pm and will be followed by an Open Forum on Youth Violence and Knife Crime. We are delighted that our guest speakers will be Patrick Green, Chief Executive of the Ben Kinsella Trust and Superintendent Gordon Henderson of Metropolitan Police CID. Our Chair Mohamed Omer will also be sharing his experience of supporting bereaved families. The event is to be held at the Muslim Gardens of Peace, 57 Elmbridge Road, Hainault IG6 3SW which is a light and airy venue. **This will be our first in person meeting since January 2020 so we do extend a very warm invitation to everyone to join us (not only RFF members) so please do invite others along.** The AGM will take place at 6pm and the Forum will start promptly at 6.45 pm. There is a car park and the venue can also be reached via public transport as below.

- Buses 150 (towards Chigwell Row) and 462 (towards Hainault) which can be caught from Ilford and Barkingside, stop at the junction of Elmbridge Road and New North Road, approximately a 5 minute walk away
- Hainault Underground Station (Central Line) is approximately 1 mile away and is situated along the route of the 150 bus

### **LOOKING BACK**

#### **RFF Network Meeting – “Living with Covid”**

**Tuesday Lunchtime from noon to 1.30pm, 26th April 2022**

This was an excellent and very informative meeting with Ian Diley, Public Health Consultant updating us on the current situation and giving guidance on “Living with Covid”. Please do take a look at the full report on our website which is available by clicking [here](#)

### **FUTURE RFF DATES FOR YOUR DIARIES**

Future Network Meetings will take place on the following Tuesday lunchtimes at 12 pm (noon) on July 26th and October 25<sup>th</sup>. We are planning to focus on the “Cost of Living Crisis” in our July meeting so save the date to join us from

## **RFF Vacancy “Administrative & Project Development Worker”**

We wish to appoint an enthusiastic and committed individual who will assist us in:

- building bridges and strengthening relationships, communications and cooperation between Redbridge’s faith communities and the statutory and voluntary sectors.
- supporting greater involvement of faith communities and hard to reach populations in local authority decision making and shaping the provision of public services.
- project managing interfaith initiatives that improve community cohesion.

You should be able to demonstrate relevant experience, ability and skills in order to provide effective project development and management; to regularly update a website; to co-plan and develop public events; to produce a monthly e-news bulletin, and to provide full general administrative support to the Redbridge Faith Forum.

The ideal candidate will also have particular experience in the following areas: exploring funding streams and submitting funding applications; drafting grant funder’s monitoring reports; networking to explore and develop new projects (either stand alone or in conjunction with other organisations and council bodies); business planning support; promoting events and post event report writing; delivering public events.

Office Base: **Redbridge Town Hall, High Road, Ilford IG1 1DD**

Hours : **14 hours a week -over 3 days** - however flexibility is required in order to support some events out of office hours

Salary: **£8,900 pa (£22,250 pro-rata)**

Please click here for the [Job description](#) and [Person specification](#).

To apply, please email a **letter of application** setting out how you meet the requirements of the **person specification** along with a **copy of your CV** to Redbridge Faith Forum [faith.forum@redbridge.gov.uk](mailto:faith.forum@redbridge.gov.uk) by Monday 2<sup>nd</sup> May 2022. Interviews will take place in May 2022.

## **LOOKING FORWARD TO OTHER EVENTS**

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### **Invitation to a Community Iftar – Albert Road, IG1 1HW**

#### **Friday, 29th April at 8pm outside Ilford Islamic**

As we come towards the end of the holy month of Ramadhan, the management of Ilford Islamic Centre would like to take this opportunity to invite you to a community **Iftar on Friday April 29<sup>th</sup> at 8pm outside the Ilford Islamic Centre, 50-58 Albert Road, IG1 1HW.**

For Muslims, the month provides an opportunity for a spiritual reset where we spend the whole month in self- reflection, self- improvement and heightened devotion to The Almighty. Community is a big concept in Islam and in that spirit, would love for you to join us!

We have our Iftar at sunset and prayers are 10 minutes later so we anticipate that crowds will disperse around 8.45pm.

## **Kite Flying Afternoon at Hainault Forest** **Monday, 2nd May 2-5 pm**

A local community of SGI Buddhists have asked to include this invitation to “Let’s go fly a kite” at Hainault Forest, Fox Burrow Road, Chigwell IG7 4QN on Bank Holiday afternoon as part of a celebration for cross community and interfaith friendship for peace – everyone welcome.

## **“How Faith Can Respond to Mental Health” – Barking Elim Church** **Tuesday, 3rd May 7-8 pm**

Barking and Dagenham Faith Forum, is running this in person event looking at mental health, and the practical steps that faith groups can take to help those in their communities who are now experiencing mental health difficulties. The event will be held at Barking Elim Church, 93 Axe Street Barking IG11 7LZ and tickets can be reserved via Eventbrite.

<https://www.eventbrite.co.uk/e/300696861407>

## **Voluntary Sector Network Meeting – City Gates Function Room 2** **Wednesday 4<sup>th</sup> May 12.30 pm**

This RCVS network meeting will focus on Local History with a presentation by Ilford Historical Society.

RCVS will also be consulting about the needs of the voluntary sector and want to hear about the challenges around training; development; volunteering and partnerships; and RCVS can help

There will be an opportunity to network over lunch.

To book your place and or more information, contact Kay Kelleher on 020 3874 4150 or by emailing [kay@redbridgecvcs.net](mailto:kay@redbridgecvcs.net)

## **Talk For Health – FREE Peer to peer counselling programme** **Taster Sessions 6<sup>th</sup> & 12<sup>th</sup> May**

The final Talk For Health programme is coming up at the end of May - there are 2 taster sessions before the programme which starts on the 27th May. Please do sign up if you are interested in participating.

Participants learn and have space for:

Honest talking – being the real you

Empathic listening

Basic counselling skills

How to set up and be part of an ongoing group to talk for wellbeing

### **Tasters**

Taster 7 – 6<sup>th</sup> May 2pm – 4pm (Sign up here: <https://www.eventbrite.co.uk/e/255277290247>)

Taster 8 – 12<sup>th</sup> May 6-8pm (Sign up here: <https://www.eventbrite.co.uk/e/nelft-talk-for-health-special-tbc-code-nt8-tickets-255934175007>)

## **Final Core Programme**

Day 1 - 10.00am - 4.00pm Friday, 27th May

Day 2 - 10.00am - 4.00pm Friday, 10th June (NB: 2 weeks between day 1 & 2)

Day 3 - 10.00am - 4.00pm Friday, 17th June

Day 4 - 10.00am - 4.00pm Friday, 24th June

## **Energy Champions Training @Vine URC, Ilford Saturday 7<sup>th</sup> May**

More and more people are having difficulty paying their fuel bills, as the cost of heating homes rises. This will get worse as the price of energy increases.

Vine URC church and the Community Energy Group at Transition Town Ilford <https://www.transitionilford.org/community-energy> are keen to encourage residents to save energy in their homes and in public buildings as part of our commitment to creating a sustainable, zero carbon local community.

In order to move this goal forward we are joining forces to offer a free course for local people who want to become volunteer Community Energy Champions.

After the training participants will be asked to commit a small amount of time to run Energy Cafesat community and faith venues in Ilford.

Volunteers will be supported by an experienced adviser to give advice on:

- Saving energy and money by changing their fuel tariff or supplier
- Taking simple actions to make their home more energy efficient
- Becoming more aware of financial help, including debt reduction.

The course will be run by an experienced energy adviser, is free and will be a mix of in person and 4 online sessions.

Session 1: Saturday, 7th May. An all day in-person session

Sessions 2-5: Online sessions of 1.5 hours

Session 6: Saturday, 2nd July. In person planning session and celebration!

To register for the training or to get more information follow this link <https://www.transitionilford.org/community-energy> use the QR code or email at [transitionilford@gmail.com](mailto:transitionilford@gmail.com)



## **East London Three Faiths Forum Meeting – “Welcoming Refugees” Monday 16<sup>th</sup> May at 7.30pm at Ilford Islamic Centre**

This meeting will be held at Ilford Islamic Centre, 54-58 Albert Road, Ilford IG1 1HW

Three speakers are:

Bishop of Barking, the Right Reverend Lynne Cullens

Sarah Nathan OBE – founder of “Refugees at home”

Mohammed Fahim, Chair and Head Iman at South Woodford Islamic Centre

## **An invitation from Lifeline Projects to a Community Discussion on Safety & Youth Violence at Oakfield Playing Fields, Fencepiece Road, IG6 2JL Monday, 16th May 2022 6-9 pm**

About this event

Hainault Voice consultation. LifeLine Community Development Workers want to bring together the wider community together to discuss Serious Youth Violence, feedback from the surveys you completed telling us your feelings towards the community, safety and violence.

Police, schools, residents, students, business owners are all invited in this open space to also consider solutions. Looking forward and planning responses to violence on our streets.

#HainaultVoice

#Safetyinnumbers

#Cometogether

#Community

Tickets available here [Hainault Voice Tickets, Mon 16 May 2022 at 18:00 | Eventbrite](#)

## **Community Activity Day at Forest Farm Peace Garden Saturday 28 May, 12pm to 4pm.**

Visit our garden, (end of Hazelbrouck Gardens IG6 2XL) meet other people and help out with some site projects.

<https://www.facebook.com/events/715018876288909>

## **World Music Day at Forest Farm Peace Garden**

**Sunday 26 June, 12pm to 4:30pm**

Venue: Forest Farm Allotments, end of Hazelbrouck Gardens, Hainault IG6 2XL

Website: [www.forestfarmpeacegarden.org](http://www.forestfarmpeacegarden.org)

Enjoy a relaxing, family-friendly day in nature with live music, talks and workshops, children's activities, therapies, craft & info stalls, food, cake and community. Free entry, donations are welcome.

Facebook event: <https://www.facebook.com/events/343083237845851>

### **CALLING ALL DIABETICS:**

Local NHS organisations are working together to improve diabetes services in Barking and Dagenham, Havering and Redbridge and would really like to hear your views about how diabetes care could be enhanced for everyone.

You can do this quickly and easily by clicking [here](#) to complete a short survey.

Local residents are also invited to attend diabetes focus groups to discuss possible improvements in more detail. These are being held at various different dates and times in May, and you can take part from the comfort of your own home.

Simply click the date below that suits you best to book your attendance.

[9 May, 10am - 11.30am](#)

[12 May, 7pm - 8.30pm](#)

[13 May, 1.30pm - 3.00pm](#)

[16 May, 6pm - 7.30pm](#)

If you have any questions or queries please contact [bhr.communications@nhs.net](mailto:bhr.communications@nhs.net).