

Redbridge Faith Forum E-News Bulletin July 2020

We do hope that this bulletin finds you safe and well. Although our office is closed we are continuing to work to update you with information which we hope you will find helpful so please do continue referring to our website and also emailing us any items for inclusion. As we are not yet able to reconvene any of our usual forms of meeting and we have taken the decision to postpone our AGM until later in the year and the date will be notified in due course. We have recently held two virtual events which were both very well received and are delighted to be inviting you to our next two – see below.

TUESDAY 28TH JULY 2020 from 12 noon

NETWORK MEETING

In Partnership with Public Health

“Redbridge & Covid 19– The Way Forward”

Booking details:

Email faith.forum@redbridge.gov.uk to reserve your place - we will email you the 'zoom link' to join the workshop nearer to the time.

Redbridge Faith Forum (Charity 1118675) warmly invites you to join us for our first virtual Quarterly Network Meeting in partnership with London Borough of Redbridge Public Health. This will be your opportunity to hear how Redbridge has been impacted by Covid 19, ask questions and discuss how we can all move forward together as lockdown eases to keep our community alert and safe. If you have a question you would like answered please submit it by email to faith.forum@redbridge.gov.uk by Friday 16th July.

NEW RFF EVENT

WEDNESDAY 5TH AUGUST 2020 - 2-3.30 pm

'Anxiety Management' Zoom Workshop

Booking details:

Email faith.forum@redbridge.gov.uk to reserve your place - we will email you the 'zoom link' to join the workshop nearer to the time.

Redbridge Faith Forum (Charity 1118675) warmly invites you to join us for this second free workshop in partnership with NHS Talking Therapies.

The first 40-45 minutes will teach valuable techniques to manage anxiety and learn more about its causes and then it will be opened up to participants to ask questions. The workshop will be led by a Chartered Counselling Psychologist and a Cognitive Behavioural Psychotherapist from NELFT.

Remembering Srebrenica -9th July 2020 - 7.00 -8.30pm – via Zoom

On Thursday evening 9th July six East London boroughs are joining together with faith leaders to mark the 25th anniversary of the genocide in Srebrenica. The memorial will start 7pm and held online via Zoom. Jasmin Jusuf Jusufović, a Bosnian genocide survivor will be attending.

The event is open to all to pledge this year to stand up to intolerance and hatred, to raise awareness of the Bosnian genocide, and to make Every Action Matter - Register via

https://us02web.zoom.us/webinar/register/WN_Z84jC7LDRAe7evtAv4JX0g. If you have any difficulties

registering, the event will also be live streamed on the Facebook page of Naz Legacy Foundation -

<https://www.facebook.com/nazlegacy>

Activities Out of School

The Department for Education has issued an update (1st July 2020) regarding the re-opening of Out of school Settings: This information also includes advice for parents and carers as well as establishments who hire out their facilities to Out of School Settings.

Re-opening of Out of School Settings:

The Department for Education has issued guidance for providers outlining the protective measures that need to be in place to ensure that, from Saturday 4 July, Out of School Settings can minimise the risk to children, staff and parents who attend their settings by reducing the risk of infection and transmission of the virus.

The Department for Education has also published advice to parents and carers on the precautions they should be taking if they are thinking of sending their child to any provision over the summer period.

Providers guidance: [Protective measures for Out of School Settings](#)

Parents guidance: [Attending an Out of School Setting](#)

Faith Action Webinars regarding reopening places of worship

Faith Action is hosting monthly, faith-specific workshops to share examples and discuss ideas about how to go about worshipping well and safely under the current guidelines, whether you've already opened your place of worship or are continuing online for the time being.

Check out the schedule below to find out when your faith's webinar will be held, then head to [our Facebook page](#) to watch the livestream.

Feel free to share this with your networks, and if you have any particularly good examples of best practice please let them know in the comments or email us at info@faithaction.net

Wednesday, 8th July, 2:30-3:30pm	Christian
Wednesday, 8 th July, 5:30-6:30pm	Muslim
Thursday, 9 th July, 2:30-3:30pm	Women's Multi-Faith
Thursday, 9 th July, 5:30-6:30pm	Sikh
Friday, 10 th July, 10:00-11:00am	Hindu
Friday, 10 th July, 2:30-3:30pm	Buddhist
Monday, 13 th July, 2:30-3:30pm	Baha`i, Jain and Zoroastrian
Monday, 13 th July, 5:30-6:30pm	Jewish

Redbridge Council want to improve their response to domestic abuse in the Borough.

Please help them by completing this online survey about your understanding and possible experiences of domestic abuse.

This is open to all residents and should only take around 8-10 minutes of your time and will be invaluable to helping them better respond to domestic abuse to keep individuals and families in Redbridge safe and well.

This **survey closes on Wednesday 15 July 2020**, please click this link to complete <https://wh1.snapsurveys.com/s.asp?k=159378471799>

Going Green

Green suggestions for mosques

As places of worship opened their doors last weekend, The Bahu Trust offered [“10 Eco-friendly tips for reopening mosques”](#). Suggestions include proposals for both mosque leaders and congregants, and conclude with a reminder to make du’a (supplication) for the environment.

"Green Shabbat" sparks Jewish climate events

3-4 July marked "Green Shabbat", an initiative of Eco Synagogue and the Board of Deputies of British Jews in which eight Liberal Jewish synagogues partnered to offer a focus on environmental issues. A special [online service](#) was held, Rabbi David Mason wrote an [article on lockdown as a lesson in how to improve the world](#), and various rabbis have been making short statements on [the Eco Synagogue Twitter feed](#).

Linked to Green Shabbat and London Climate Action Week Digital, a panel discussion took place on "[How Green can we make the 'new normal'?](#)" The event featured Rabbi Jonathan Wittenberg, founder of Eco Synagogue and Senior Rabbi in the Masorti Movement; Esben Larsen of the World Resources Institute; Josie Cohen of the Pesticide Action Network UK; and Tamara Finkelstein of DEFRA.

Proposed Redevelopment at Seven Kings Car Park – give your views

The website for this new development is now live. To find out more about the proposed scheme at Seven Kings car park, review plans sign up to attend live public webinars and leave your feedback. visit redbridgeliving.co.uk/7kings

Changes to urgent treatment centres

Urgent care is for anything that needs the same day treatment. The way patients can get treatment for an urgent health problem is changing.

If you have a minor injuries or minor illness, you can get treatment at an urgent treatment centre by calling NHS 111.

Urgent treatment centres can treat most injuries and illnesses that are urgent. This may include sprains and strains, fractures and suspected broken bones, minor head injuries, cuts and wound infections.

To get treatment at an urgent treatment centre, first call NHS 111. They will assess your condition and book you an appointment to see a clinician and you can avoid spending unnecessary time in the waiting room. The treatment centres have been made as safe as possible for patients and staff, and social distancing measures are in place.

The urgent treatment centres are GP-led, with doctors and nurses who will provide your treatment.

The urgent treatment centres are located at:

- King George Hospital
- Queen's Hospital
- Barking Community Hospital
- Harold Wood Polyclinic

[Details of locations are on our website.](#)