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Redbridge Faith Forum News March-Vol 12 No 10

Next edition of E-news due April 2020 Redbridge Faith Forum office hours are 10am to 4pm Monday, Tuesday ; 10am-1pm Wednesday, Thursday



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A MESSAGE FROM RFF STAFF REGARDING JACQUIE GRIEVE, FORMER CHAIR OF REDBRIDGE FAITH FORUM

It is with great sadness that we announce the passing of a very special person. Our ex-Chair and much loved and respected co-founder of our charity Jacquie Grieve passed away peacefully in her sleep on Monday 24th February following a short illness.

Jacquie touched the hearts of so many people who looked to her for friendship and comfort and worked tirelessly to promote respect and understanding within all the communities in Redbridge.

There have been numerous milestone projects and pilot schemes that Jacquie has helped create, some of which have won Redbridge Faith Forum or put RFF on the shortlist for national awardsbut one of the longest enduring is the Women's Faith Forum group which began in 2009. This group of women from all different faith groups coming together to talk about and share our different faith viewpoints on topics that are important to us has been a breath of fresh air to Redbridge and Jacquie has been at the helm of each of the meetings, steering, guiding, chairing and always with that wonderful signature smile.

Jacquie was also instrumental in using her vast experience as a professional educator to co-produce lesson templates for secondary school pupils on the topic of "Pathways to Genocide" – these resources are freely available on our website https://redbridgefaithforum.org/genocide-some-educational-resources/

Jacquie served on many community initiatives in Redbridge and was always passionate to overcome inequality and in 2015 was invited to become a Fairness Commissioner - the Commission produced 39 recommendations – 37 of which were actioned by the council to improve the wellbeing of Redbridge residents.

We are so grateful to have had the opportunity of working with, and for, Jacquie who was such a kind, considerate and gracious lady. She inspired us with her courage, her dedication, and her sheer hard work. She has left a huge legacy for us to follow and emulate.



REDBRIDGE FAITH FORUM LOOKING FORWARD

Network Meeting – Tuesday, 21st April at Redbridge Central Library (Gloucester Room)

Please save the date for our next network meeting which will be on a topic of interest to those of all faiths and none. Network 12 noon to 1.30pm – Registration from 11.45 am.

REDBRIDGE FAITH FORUM LOOKING BACK

"Caring for the Elderly" - 28th January 2020

This was a very informative and well attended meeting with presentations from Bob Edwards, Integrated Care Director, and representatives of Redbridge Lifeline, Redbridge Vision Home Library Service, Redbridge Shopmobility, Redbridge Taxicard Scheme imparting valuable information about support available for elderly people in the community. We also heard of the plans to redevelop Whipps Cross Hospital.



Further details of how to refer to these services will be added to our website in due course – in the meantime please see contact details below:-

If you do have any concerns about an elderly neighbour or member of your community please call or email the First contact Team on firstcontact@redbridge.gov.uk Telephone number 0208 708 7333. Team members will then follow up your concerns for the person's welfare.

Redbridge Lifeline - Email: lifeline@redbridge.gov.uk Phone: 020 8708 5897

Redbridge Vision Home Library Service – email <u>library.information@visionrcl.org.uk</u> Phone 0208 708 2031

Redbridge Shopmobility Phone 0208 478 6864 – located in Exchange Car Park,

London Taxicard Scheme Email taxicard@londoncouncils.gov.uk Telephone 0207934 9791 (option 2) www.londoncouncils.gov.uk/services.Taxicard

MARCH FAITH FESTIVALS

Our multi-faith calendar detailing this month's festivals can be found on our website under resources just follow this link here

Current Trustees

Information about our trustees can be found on our website in the section "About Us" click here

We hope that you will understand that in order to continue our work to the benefit of all living in Redbridge, the Faith Forum needs to raise funds to cover the various activities we organise. Membership is open to all and there are a range of options available.

Associate member: (open to everyone) receives all e-mail updates, invitations to all events, able to vote at AGM – suggested donation £10 per year.

Voluntary organisations - £20 per annum.

Place of Worship - £30 per annum

If you would like to become a RFF member please email faith.forum@redbridge.gov.uk

DID YOU KNOW?

Opportunity for Ilford faith & community buildings to work with a community energy group installing LED lights.

Transition Town Ilford has started a Community Energy group. It's first project will be working with faith and community buildings in Ilford to install LED lights, including help with funding sources. LED lights use far less energy than traditional light bulbs and drastically reduce bills. If you know of a building which could be part of the project please email us at ilfordtransition@qmail.com

https://www.facebook.com/TransitionIlford/

Opportunity to participate in story telling workshop about "You, Me, the World and Redbridge"

For the past six years take stock exchange have been delivering projects in boroughs throughout East London. We begin 2020 in Redbridge with a borough wide project, taking place throughout January and February. We're trying to engage as broad and diverse a collection of groups of people to work with as possible, and we're sure it's something everyone would benefit from.

What We Do & Why

The idea behind TSX's work is pretty simple. Each project, we try to work with as wide a range of groups as possible - so, schools, community groups, faith groups, businesses, local government and many, many others! We visit these groups and find ways to empower people to talk to each other, and listen to each other, to tell and listen to stories about their experiences living and working in the local area. We then share those stories with the other people and groups we're working with, and vice versa - a bit like a story exchange. The project gives people a chance to be creative and express themselves, but also to hear from other people, understand their experiences a little better, and have reason to feel a greater sense of belonging to the place they live or work.

We'd love you to be involved!

How it works: We would visit you twice. The first time to run a storytelling workshop, where participants would learn storytelling skills, share stories of their own, and listen to others. The second time, we would tell some of the stories we've collected from the other groups we've worked with - and tell participants how other people responded to the stories they shared with us in the previous workshop. At the project's culmination, we will invite all of the groups we've worked with, as well as other members of the public, to come together to eat a meal and listen to a retelling of a collection of stories. Groups we work with can take part in one, two or all parts of the project and we can work with groups of up to 30 participants.

The project is fully funded by Arts Council England and Vision Redbridge and delivered entirely free.

To find out more about taking part please contact Anna at hello@takestockexchange.co.uk or on the phone – 07854423991.

www.takestockexchange.co.uk 020 8498 8767

Opportunities to Get Active in Redbridge

Redbridge Vision's sport and health team aim to encourage people across Redbridge to get active so they can live a healthy lifestyle. Classes include "Walking Football", "Pregnancy Yoga", "Classes for Mums and under 5s", "Falls prevention programme with Age UK" and school based activities plus exercise on referral schemes. Everything can be found on VisionRCL website (https://visionrcl.org.uk/sport-health-physical-fitness/community/).

Other activities provided in the borough are:

- Supporting local sports clubs
- Supporting and developing coaches and volunteers
- Weight Management
- Health Initiatives
- Youth Competitions and Tournaments
- Inclusion & Disability
- Women Only Sessions
- Range of Physical Activity Sessions
- Walk to Health Programme
- Family, Fit and Fun

EVENTS TO COME

Ilford Historical Society Meeting

Monday 9thMarch 7.30 – 9.00 pm Gloucester Room, Redbridge Central Library IG1

The Essex River- a trip along the river Roding. by Janet Seward, Ilford HS Secretary. Visitors welcome £3, free refreshments. Jef.Page100@talktalk.net

Redbridge Music Lounge at The Cranbrook Centre, Valentines Park

Wednesdays 4 & 18 March & Thursdays 12th & 26th March - 12.30-4.30 pm at Melbourne Gate, Melbourne Road IG1 4SB (for directions see www.cranbrookcentre.london)

The venue is for musicians and anyone interested in playing music, who are retired, in part-time work, unemployed or semi-professional, even if committed to bands/group already but have time and expertise to offer and share mainly, for daytime projects, events and local festivals. Feel free to bring along your instruments and perform – rehearsal equipment and performing facilities are also available. For further information contact Chris Wyatt mob 07929 071155 email criswyatt@aol.com www.rmluk.org. Registered Charity 1151132

Community Tree Planting Day, Barley Lane Park

Saturday 14th March 10.00am -3.00 pm

Trees for Cities are hosting this free day in partnership with the council and Redbridge Vision — they will be starting at 10 am so volunteers are warmly welcome to assist. Hot drinks cakes and a hot lunch will be provided along with family activities and face painting. So please sign up to join in www.treesforcities.org./barleylane

Official Opening of Malachi Place

Ilford Salvation Army, 15 Clements Road, Ilford IG1 1BH

Saturday 14th March 2pm-6 pm

Formal proceedings will take place from 2:00pm - 3:45pm, beginning at Ilford Salvation Army at 15 Clements Road. To be followed by refreshments and an opportunity to tour the building. The Territorial Commander of The Salvation Army, Commissioner Anthony Cotterill, and the Leader of Redbridge Council, Cllr Jas Athwal, will be present to open the building. They will, of course, be joined by the very first donor to the project, Malachi Justin!

Serena Hostler · ilford@salvationarmy.org.uk

Three Faiths Forum – "Environment or Extinction"

Thursday, 26th March 8 pm – venue yet to be announced

Redbridge Faith Forum does not accept any liability or losses of any kind caused as a result of information relating to the use of bulletin or attendance at events advertised. All links have been selected using a standard links protocol. Links are provided for information and convenience only. Redbridge Faith Forum cannot accept responsibility for the content of sites linked to and none of the links represent any endorsement by Redbridge Faith Forum. We cannot guarantee that these links will work all of the time neither have we any control over the availability of linked pages.