

## Supportive care for end of life

A number of services can be involved in supporting people at the end of life in different settings depending on the individual's need and suitability. This can be in a person's own home, residential or nursing homes and hospices.


You can discuss options with the people that are important to you and with professionals involved in your care to formulate a support plan and enable you to have as much choice and control as possible.

 For local services search the [MyLife service directory](#)

### How to get support?

The first step should be to contact the health professional involved in your care, which may be your GP, hospital consultant, community or specialist nurse who will discuss your needs and refer to the appropriate team.


Help and advice is also available from the Redbridge Health & Adult Social Care Service. They can provide advice, information and if appropriate a wellbeing assessment and direct you to the relevant services.

 Complete an [online contact form](#) on MyLife or telephone 020 8708 7333

### How much does it cost?

Where local adult social services such as Redbridge provide care and support services to residents, a financial assessment is carried out to decide whether the person receiving the services should make any financial contribution towards the cost.

For more information on contributing to care services visit:

 [MyLife website](#)

However if you are over 18 and have a complex medical condition and what is considered a 'primary health need' for which you require substantial care, you may be eligible for your care and support to be arranged and funded by the NHS. This is called Continuing Healthcare Funding and requires an assessment to be undertaken to determine if you are eligible. The care can be provided in different settings, including at home and is free of charge to the person receiving the care.

If you don't qualify for Continuing Healthcare Funding but have been assessed as needing help from a registered nurse in a nursing home, a payment is made directly to the home by the NHS to cover those nursing costs. This is called NHS Funded Nursing Care and is taken into account in the fee the care home charges.

For more information on NHS continuing healthcare and NHS funded nursing care visit:

 [GOV.UK website](#)  
[Age UK website](#)

*Other end of life, death and dying factsheets which may be of interest*

Factsheet 1: About end of life care ▶	Factsheet 4: Care in the final days ▶
Factsheet 2: Planning ahead ▶	Factsheet 5: After death ▶
<b>Factsheet 3: Supportive care for end of life ▶</b>	Factsheet 6: Bereavement support ▶