

Scenarios for being an upstander

1. There is a new student in your form who is from China. Behind his back One of your friends makes a gesture which means “slit eyes”. The new student sees him and is upset.

What could you do to be an Upstander?

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2. Your friend is from Iran. He is a good footballer and you play together each lunchtime. He has tried several times to get into the school team but the captain never gives him a chance. He says “where you come from they can’t play football.”

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3. Daniel Rabinowitz is Jewish. In October he missed a few days of school while his family observed Rosh Hashanah and Yom Kippur. When Daniel returned to school after Yom Kippur he was teased by some of classmates who made comments about how Jews get special treatment at school and about how Jews always have a lot of money.

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4. You are in the centre of Ilford and you see a woman sitting dazed on the road. She is possibly under the influence of drugs and some people are trying to help her up. A few metres away a group of young men are standing laughing at her.

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