

RFF was shortlisted for the National Compact Advancing Equality Award in 2015 and was a previous winner in 2012 c/o Redbridge Town Hall, Room 16, Ground Floor, 128 - 142 High Road, Ilford IG1 1DD

Redbridge Faith Forum warmly invites you to our next Network Open Meeting on the topic of "Support for those living with cancer in Redbridge" www.redbridgefaithforum.org

Date: Tuesday 29th October 2019

Time: 11.45-12 noon Registration

12.00-13.30 Network Meeting

(opportunity to stay on for further advice/information)

Venue: VHP Community Centre, Albert Road, Ilford IG1 1HW

This is your opportunity to:

- 1. Learn about the cancer screening services available to us all & the signs & symptoms to be aware of.
- 2. Hear from Redbridge GPs about their role
- 3. Find out what services are available to support people and their families and visit informative stalls including:
 - Macmillan Cancer Relief grants/telephone advice lines/leaflets/complementary therapies
 - Redbridge Vision's "Cancer Rehabilitation Exercise on Referral Scheme"
 - Haven House Childrens'/Teenage Services
 - Social Support Groups



Please email <u>faith.forum@redbridge.gov.uk</u> to book your free place or contact the office on 0208 708 2478/2445. Advance registration is appreciated to help with arrangements but is not essential. Car park available in Mildmay Road – Albert Road can be accessed via the pedestrian underpass next to Central Library, the Community Centre is next door to Ilford Islamic Centre – many bus routes serve Central Library.-





