

Dementia

Not sure how to cope ?



**Third of five repeat sessions is on
Monday 17th November; 18:30pm**

**Redbridge Jewish Community Centre,
Sinclair House,
Woodford Bridge Road, Ilford, IG4 5LN
(Buses 123 & 179 On Woodford Avenue)**

TOWARDS DEMENTIA FRIENDLY FAITH COMMUNITIES

(Everything you wanted to know about Dementia but were afraid to ask!)

With Alli Anthony of the Alzheimer society. Dispel some of the myths surrounding Dementia and Alzheimer's and become better informed on all aspects of this condition. Learn how to become a Dementia Friend or Champion.

Information and registration at RFF : **0208 708 2478** or
faith.forum@redbridge.gov.uk

If you cannot attend this session there will be repeats at other faith venues in **January** and **February** 2015 .

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